Where are we located?

Brentwood Care Centre

2727 - 16 Avenue NW Calgary, Alberta T2N 3Y6 Phone: (403) 289-2576

Chinook Care Centre

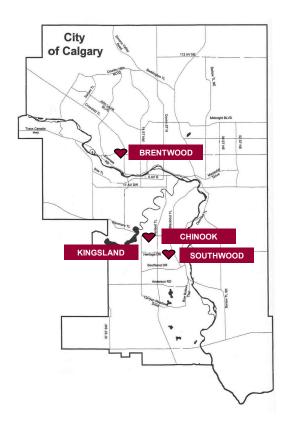
1261 Glenmore Trail SW Calgary, Alberta T2V 4Y8 Phone: (403) 252-0141

Southwood Care Centre

211 Heritage Drive SE Calgary, Alberta T2H 1M9 Phone: (403) 252-1194

Kingsland Terrace Supportive Living

835 - 68 Avenue SW Calgary, Alberta T2V 0N5 Phone: (403) 291-0499



For more information about Volunteering with Intercare contact us at:

Intercare Corporate Group Inc. Volunteer Coordinator Calgary Regional Corporate Office Calgary, Alberta T2H 0K2 (403) 255 - 4969 Ext. 116

> *Visit our Website:* www.intercarealberta.com







Make an Impact . . . Become a Volunteer!

What is Intercare Corporate Group Inc.?

Intercare is an Alberta based organization providing health and life enrichment services in continuing care facilities since 1992.

Intercare provides services in three (3) main care streams at its Calgary-based sites as follows:

Long Term Care - Provision of personal and medical care to individuals who are unable to carry out activities of daily living.

Hospice - Provision of comprehensive palliative care that is focused on easing the physical, emotional and spiritual pain that often accompanies terminal illness.

Supportive Living - Provision of personal and medical care to individuals who are under 65 years of age and who have been diagnosed with a neurodegenerative disease.

Our focus is to enhance well-being and quality of life as defined by each individual in our care; supporting choice and independence and a sense of control over their lives.

Our Guiding Values

- *Respect* . . . honouring each other as individuals.
- Compassion . . . responsive to the needs of others – sharing joy, laughter and tears.
- *Commitment* . . . responsible and accountable for the safety and services we provide.
- Ethics... conduct based on integrity, openness and trust.
- Service . . . recognizing that every interaction leaves a lasting impression.



Volunteers are important to us!

VOLUNTEERS Heart of Excellence

Volunteers are a very important part of the Intercare Team. Volunteers enhance the quality of life for residents by supplementing activities/services offered by staff.

Volunteering offers individuals an opportunity to make a difference in a resident's life. As a volunteer you can choose from a variety of programs that match your interests and talents or explore fresh activities and learn new skills. As a volunteer, you will have the opportunity to meet some wonderful people and become part of a caring and energetic community.

We have a diverse and vibrant group of volunteers who offer a kaleidoscope of interests and perspectives to our residents enhancing their lives and enriching their daily activities.

Intercare Welcomes Volunteers!!

VOLUNTEER OPPORTUNITIES

- Recreation Therapy programs
- Occupational and Physiotherapy Programs

Volunteers

- Outings
- Entertainment
- Social Events
- Palliative Care
- Pastoral Care
- Meal Time Companion

QUALIFICATION REQUIREMENTS

- Completion of a Volunteer Application, including interview process
- Successful completion of a Calgary Police Service (CPS) Security Clearance
- Must be at least 16 years of age (Note: volunteers who are 16–18 years of age must be accompanied/ supervised by staff or another volunteer over 18 years of age)
- Completion of **Orientation process.** (Note: certain volunteer positions require additional orientation/training, as provided by Intercare. Please speak to Intercare's volunteer coordinator for further information).